			PHYSIC	AL & MENTAL R	-		DITIONS			
	1			City	of Virginia Beac	n, va	Position Number	or(DCN):	B.000137.1	
Job Title:	Motor Equipme	ent Operator I					Position Number	er (PCIN).	B.000137.1	
Div./Office:	PAR 044 Lands Zones Manager		Approver's Nar	me						
Area										
Date of Last Up	date:	September 20, 2023	Approver's Title	9						
	•	oosition's check must be	Safety Sensitive:	Yes	Child Protective Services (CPS) Background:		No	VCIN Background:		No
			CJIS Certification:	No	PREA Certification	on:	No	Subject to Barri Provisions:	er Crime	No
			eer ancadori.		REQUIREMENTS	3		11001310113.		
FRI	EQUENCY: Seldo	m = Infrequent,	< 5%; Occasiona	l = 5% to 25% of t	ime on job; Frequ	uent = 25% to 75	% of time on job;	Constant = Ove	r 75% of time on	job.
Тур	ical DURATION:	Short = < 1 hr pe	er occurrence; M	oderate = 1-2 hr	s per occurrence	e; Substantial = 2	-6 hrs per occur	rence; Long = > 6	hrs per occurre	ence.
•	P	hysical Deman	ds				W	orking Condition	ons	
Element	Condition	Level/Value	Frequency	Duration		Element	Condition/	Level/Value	Frequency	Duration
Standing	•		Frequent	Short		Working Outsi	<b>de:</b> in all weathe	er conditions	Frequent	Substantial
Walking			Frequent	Short		Working Alone w/others	e: out of commur	nication	N/A	N/A
Sitting			Frequent	Substantial		Extreme	At/above 90 degrees		Occasional	Substantial
Reaching	Lower than sho	oulder level	Frequent	Short		1	Below 30 degre		Occasional	Substantial
	Up to 25 lbs.		Occasional	Short		Extreme Wetne			Occasional	Substantial
Lifting	Over 50 lbs.		Occasional	Short		Extreme Dryne			N/A	
	Weight:	Up to 25 lbs.	Frequent	Short		Exposure to	Life Threatenin	g Exposure	Occasional	Substantial
Carrying	Distance:	Up to 25 ft.	Frequent	Short		Traffic		•		Short Short N/A N/A N/A
			<u> </u>		Congested Area/Workspace   N/A					
Pushing	Estimated weight-resistance eq Over 50 lbs. Occasional			Short				RED		
		nated weight-re		•		•				
Pulling	Over 50 lbs.		Occasional	Short		_				
	N/A		N/A	N/A		Heights (ft.)				
Working	IVA					Noise Level: > 8	35 decibels TWA	Yes	Frequent	Substantial
Overhead	Weight: N/A		N/A	N/A		for 8 hrs.				
Climbing Stairs		Occasional	Short			Heavy equipme	ent	Frequent	Substantial	
Climbing Ladders			Frequent	Short		Vibrations	Tractor with attachments		Frequent	Substantial
Climbing Ladders Balancing			Occasional	Short		l .	Body area(s): Ex-Trunk, sho		'	
Stooping			Frequent	Short		Dust / Dirt / Pa	,		Frequent	Long
Kneeling/Squa	atting		Frequent	Short		Radiation			N/A	N/A
Bending			Frequent	Short		Silica/Fibergla	ss		N/A	N/A
Crawling			N/A	N/A		Asbestos			N/A	N/A
Explosive Strength: Short bursts of muscle			Occasional	Short		Aerosols &	Irritant		Occasional	Short
force to propel	•					Gases				
			Frequent	Moderate			I		N/A	
•	<b>h:</b> Use of abdom	inal and lower				Hazardous Mat	terials		undefined	
back muscles.						/Chemicals			undefined	
•	ynamic Strength: Use of muscle force		Frequent	Moderate		Petroleum	Liquid		Frequent	Short
repeatedly or co fatigue.	ontinuously & re	esistant to				Products	Grease		Frequent	Short
Repetitive Limb	Fingers/Wrist		Frequent	Substantial		Electrical Haza	rd		N/A	N/A
Movement	Arm/Shoulder		Frequent	Substantial		Fire Hazard			N/A	N/A
Dexterity	Grasping		Frequent	Substantial		Infectious	N/A		N/A	N/A
	Repetitive use of foot controls		Frequent	Substantial		Diseases Exposure				
Repetitive Wrist/Elbow		Frequent	Substantial		Type(s):	Ex- Repair sewe	er pipes; empty r	esidence trash c	ans.	
Twisting	Shoulder		Frequent	Substantial			< equal to	or less than	< less	than
Awkward	Awkward positi	ions	Occasional	Moderate		Symbols:			> great	er than
Positions & Motions	Awkward motic	ons	Occasional	Moderate						

	Condition/Level/Value 20/40 w/correction	Frequency	B	Flomont						
	20/40 w/correction		Duration	Working Conditions (cont.)  Element Condition/Level/Value Frequency Duration						
/ision	∠U/4U W/CUI I ECCIUI I	N/A	N/A		Steep incline	Frequent	Moderate			
/ision	Depth perception	N/A	N/A	Hazardous	Abrupt uneven surfaces	Frequent	Substantial			
l l	Color vision (colors)	N/A	N/A	Surfaces	Unstable ground	Frequent	Substantial			
	Color Vision (Colors)	1077	1477		Animal/Insect bites/stings	Frequent	Substantial			
learing	Conversational level	N/A	N/A	Other Hazards		Occasional	Short			
Smell	N/A	N/A	N/A	Other Hazarus	Sharp edges/objects	Occasional	Short			
	IN/A	IN/A	IN/A		, ,		311011			
		+		Hours	Four 10-hour days	Constant				
				Worked	More than 40 hours/week	Occasional				
ouch	Distinguish texture	N/A	N/A							
	Distinguish temperature	<del> </del>		· c.c·	No					
/oice	Limited Verbal	N/A	N/A	Eligible						
	Personal Protective Equi	pment (PPE)		Equipment Operation & Use						
Category	Туре	Frequency	Duration	Category	Туре	Frequency	Duration			
	Safety glasses w/side shields	Frequent	Substantial	Motor	Sedan/Pickup/Van	Occasional	Short			
ye and Face				Vehicles						
Protection					Back hoe	Frequent	Substantial			
				Heavy	Front-end loader	Frequent	Substantial			
Respiration	N/A	N/A	N/A	Equipment	Bulldozer	Frequent	Substantial			
rotection					Road surfacing equipment	Frequent	Substantial			
learing	Ear plugs	Frequent	Substantial		Tractor w/attachment	Frequent	Substantial			
Protection	Eur piugs	rrequent	Substantial	Other	Bobcat	Frequent	Substantial			
	Hard hat (impact protection)	Frequent	Substantial	Equipment or	Dobcac	rrequent	Substantial			
Head	Rain hat	Occasional	Moderate	Machinery						
Protection	Rdili lidi	Occasional	Moderate		N1/A	N1/A	N1/A			
					N/A	N/A	N/A			
Hand	Leather	Frequent	Substantial	Hand-Held						
Protection				Power Tools						
	Steel/composite toe-safety	Constant	Long	Hand Tools	Mechanic tools	Occasional	Short			
1001	rated		- 0							
Protection				and						
				Instruments						
Body, Arm, and Leg Protection	Traffic vest	Frequent	Substantial							
	Rain gear	Occasional	Moderate	Office	Computer	Seldom	Short			
				Machines &						
				Equipment						
	Operator Licen	se		Commercial Driver's License						
NOTE: If CDL is	<u>-</u>			VA DMV require	requires: 20/40 in each					
equired, show	Standard Driver's License				eye w/o telescopic lens & ≥140° N/A horizontal vision.					
CDL Class in				horizontal vision						
element to										
right.										
Other physical c										
demands, worki equipment, haz										
ot indicated ab										

## **Mental Requirements**

Evaluate based on the level of complexity [least to most] inherent in the job using the examples provided; then select the number from the drop-down list that matches the column which best represents the mental demand required in each element.

1 Comprehend Verbal Communication - Understand information and directions which are provided verbally

Job requires the ability to understand and follow:

Detailed information from a supervisor, a customer, or trainer/instructor which is necessary to the successful performance of job duties.

2 Communicate Orally - Verbally express thoughts and directions

Job requires:

Communicating specialized information to co-workers, supervisors or customers.

3 Comprehend and Follow Written Material or Instructions - Understand written material, interpret appropriately, and adhere to the procedures stated.

lob requires ability to comprehend:

Detailed written material in the form of informational reports, memos, articles, plans and drawings to be used in performing duties.

4 Written Communication Skills - Express thoughts and directions in writing

Job requires:

Preparation of written information providing specialized information in the form of a letter, memo or report.

5 Maintain an Appropriate Work Pace - The flow or rate of incoming work assignments and the expectations for completion of tasks

Job requires ability to adhere to work schedule:

In moderately paced environment with some unexpected assignments.

6 Perform Complex or Varied Tasks - The variety of tasks and assignments and the level of complexity of those tasks/assignments

Job requires ability to perform:

A variety of tasks at the fully functional independent level.

7 Interact and Relate to Peers, Co-Workers, or the Public - The nature and level of interaction with others required of the job

lob requires interaction:

With others outside of the immediate work unit/agency, typically one-on-one, responding to inquiries or responding to requests for services.

8 Decision Making & Reasoning Ability - The extent to which the job requires logic to analyze information, draw conclusions/ generalizations, and make decisions based on facts

lob requires:

Some decision making in duties such as troubleshooting where observation/judgement occurs and then a selection is made from a number of possible options for resolution.

9 Memory and Recall - The body of stored knowledge required and the retrieval of that information to accomplish duties

Job requires the ability to:

Remember detailed methods and procedures and apply them to work being performed.

10 Flexibility and Adaptability - The extent to which one must adjust to changing circumstances and expectations, take on new challenges on short notice, and/or deal successfully with changing priorities and workloads

Job requires flexibility and willingness:

To adjust normal schedule or assume responsibility for tasks outside the normal set of duties.

11 Attention Span - Sustained attention or the time spent continuously on task without becoming distracted to successfully perform duties

Job tasks are:

Varied and typically short in duration requiring only limited focus. Lapses may result in operational or production delays.

12 Attention to Detail - Thoroughness and accuracy are required to accomplish tasks

Job tasks:

Involve numerous calculations, extensive data entry, or are manual but varied and require considerable skill. Inattention to detail could result in misleading reports or operational delays.

13 Reaction Time - Describes work that requires an immediate response or decision

Job requires the ability to:

Provide an immediate response/decision to maintain normal daily operations, procedures or processes. Delays occur if response is not timely.

14 Direct, Control, and Plan the Work of Others - Determine the time, place and sequence of work procedures, operations, and actions. Establish goals and objectives, motivate, and promote cooperation and teamwork in the work group

lob requires:

No supervision or management of staff.

15 Influence Others - Obtain cooperation from others to accomplish tasks and objectives

Job requires:

Obtaining support from other work groups to accomplish objectives.

16 Stress Tolerance - Ability to perform duties without anxiety when faced with difficulties. Having positive stress tolerance is being able to stay calm in situations of heavy workload, tight deadlines, and/or difficult customers

Job requires the ability to:

Tolerate long or irregular work shifts.