

PHYSICAL & MENTAL REQUIREMENTS/WORKING CONDITIONS City of Virginia Beach, VA										
Job Title:	Adult Psychiatrist					Position Number(PCN):	B.001928.1			
Div./Office:	HSD 103 Adult Outpatient Services		Approver's Name							
Date of Last Update:	December 10, 2021		Approver's Title							
Fields to the right (Y/N): The position's status AND if the background check must be passed by the incumbent										
Safety Sensitive:			Yes		Child Protective Services (CPS) Background:		No		VCIN Background:	No
REQUIREMENTS										
FREQUENCY: Seldom = Infrequent, < 5%; Occasional = 5% to 25% of time on job; Frequent = 25% to 75% of time on job; Constant = Over 75% of time on job.										
Typical DURATION: Short = < 1 hr per occurrence; Moderate = 1-2 hrs per occurrence; Substantial = 2-6 hrs per occurrence; Long = > 6 hrs per occurrence.										
Physical Demands					Working Conditions					
Element	Condition/Level/Value		Frequency	Duration	Element	Condition/Level/Value		Frequency	Duration	
Standing			Occasional	Short	Working Outside: in all weather conditions			N/A	N/A	
Walking			Occasional	Short	Working Alone: out of communication w/others			N/A	N/A	
Sitting			Frequent	Substantial	Extreme Temperatures	N/A		N/A	N/A	
Reaching	N/A		N/A	N/A	Extreme Wetness			N/A	N/A	
Lifting	N/A		N/A	N/A	Extreme Dryness			N/A	N/A	
Carrying	Weight:	N/A	N/A	N/A	Exposure to Traffic	N/A		N/A	N/A	
	Distance:	N/A	N/A	N/A		Congested Area/Workspace		N/A	N/A	
Pushing	Estimated weight-resistance equivalency			N/A	Confined Space- Permit REQUIRED			N/A	N/A	
	N/A		N/A	N/A	Working Below Ground			N/A	N/A	
Pulling	Estimated weight-resistance equivalency			N/A	Working at Heights (ft.)	N/A		N/A	N/A	
	N/A		N/A	N/A		Noise Level: > 85 decibels TWA for 8 hrs.			N/A	N/A
Working Overhead	N/A		N/A	N/A	Vibrations			N/A	N/A	
	Weight:	N/A	N/A	N/A	Body area(s): Ex- Trunk, shoulders, arms, and hands.					
Climbing Stairs			Seldom	Short	Dust / Dirt / Particulate			N/A	N/A	
Climbing Ladders			N/A	N/A	Radiation			N/A	N/A	
Balancing			N/A	N/A	Silica/Fiberglass			N/A	N/A	
Stooping			N/A	N/A	Asbestos			N/A	N/A	
Kneeling/Squatting			N/A	N/A	Aerosols & Gases	N/A		N/A	N/A	
Bending			N/A	N/A		Hazardous Materials /Chemicals			N/A	undefined
Crawling			N/A	N/A	Petroleum Products			N/A	N/A	
Explosive Strength: Short bursts of muscle force to propel oneself.			N/A	N/A	Electrical Hazard			N/A	N/A	
Trunk Strength: Use of abdominal and lower back muscles.			N/A	N/A	Fire Hazard			N/A	N/A	
Dynamic Strength: Use of muscle force repeatedly or continuously & resistant to fatigue.			N/A	N/A	Infectious Diseases Exposure Type(s):	Communicable diseases		Frequent	Moderate	
Repetitive Limb Movement	Fingers/Wrist		Frequent	Moderate		Ex- Repair sewer pipes; empty residence trash cans.				
					Symbols:	< equal to or less than		< less than		
Dexterity	Use of computer keyboard		Frequent	Moderate		> equal to or greater than		> greater than		
	Handwriting		Frequent	Moderate						
Repetitive Twisting	N/A		N/A	N/A						
Awkward Positions & Motions	N/A		N/A	N/A						

Sensory Demands				Working Conditions (cont.)			
Element	Condition/Level/Value	Frequency	Duration	Element	Condition/Level/Value	Frequency	Duration
Vision	20/40 w/correction	N/A	N/A	Hazardous Surfaces	N/A	N/A	N/A
Hearing	Conversational level	N/A	N/A	Other Hazards	N/A	N/A	N/A
Smell	N/A	N/A	N/A				
Touch	N/A	N/A	N/A	Hours Worked	More than 40 hours/week	Frequent	
Voice	Presentations	N/A	N/A		More than 8 hours/day	Frequent	
					More than 5 consecutive days	Frequent	
Personal Protective Equipment (PPE)				Equipment Operation & Use			
Category	Type	Frequency	Duration	Category	Type	Frequency	Duration
Eye and Face Protection	N/A	N/A	N/A	Motor Vehicles	Sedan/Pickup/Van	Seldom	Short
				Heavy Equipment	N/A	N/A	N/A
Respiration Protection	N/A	N/A	N/A				
Hearing Protection	N/A	N/A	N/A	Other Equipment or Machinery	N/A	N/A	N/A
Head Protection	N/A	N/A	N/A				
				Hand-Held Power Tools	N/A	N/A	N/A
Hand Protection	N/A	N/A	N/A				
Foot Protection	N/A	N/A	N/A	Hand Tools and Instruments	N/A	N/A	N/A
Body, Arm, and Leg Protection	N/A	N/A	N/A	Office Machines & Equipment	Computer	Frequent	Moderate
					Printer/Copier/Fax	Occasional	Short
Operator License				Commercial Driver's License			
NOTE: If CDL is required, show CDL Class in element to right.	Type			VA DMV requires: 20/40 in each eye w/o telescopic lens & ≥140° horizontal vision.	N/A		
	Standard Driver's License						
Other physical or sensory demands, working conditions, equipment, hazards, PPE, etc., not indicated above:	This position requires a medical license to practice in the state of Virginia.						

Mental Requirements

Evaluate based on the level of complexity [least to most] inherent in the job using the examples provided; then select the number from the drop-down list that matches the column which best represents the mental demand required in each element.

1 Comprehend Verbal Communication - Understand information and directions which are provided verbally	Level
Job requires the ability to understand and follow: Complex information where interpretation of vision and strategy is required to develop policy and/or course of action.	
2 Communicate Orally - Verbally express thoughts and directions	Level
Job requires: Communicating complex information to higher officials and authorities.	
3 Comprehend and Follow Written Material or Instructions - Understand written material, interpret appropriately, and adhere to the procedures stated.	Level
Job requires ability to comprehend: Complex written material where significant interpretation and evaluation are required to successfully apply content without guidance.	
4 Written Communication Skills - Express thoughts and directions in writing	Level
Job requires: Preparation of reports and documents involving complex information.	
5 Maintain an Appropriate Work Pace - The flow or rate of incoming work assignments and the expectations for completion of tasks	Level
Job requires ability to adhere to work schedule: In moderately paced environment with some unexpected assignments.	
6 Perform Complex or Varied Tasks - The variety of tasks and assignments and the level of complexity of those tasks/assignments	Level
Job requires ability to perform: A variety of complex tasks with little predictability as to their occurrence; tasks which are unlikely to reoccur.	
7 Interact and Relate to Peers, Co-Workers, or the Public - The nature and level of interaction with others required of the job	Level
Job requires interaction: With diverse citizen groups, government officials, and/or business leaders exchanging sensitive information or completing complex projects.	
8 Decision Making & Reasoning Ability - The extent to which the job requires logic to analyze information, draw conclusions/ generalizations, and make decisions based on facts	Level
Job requires: Substantial reasoning and decision making. Research and evaluation are conducted, broad theories and principals are applied to the development of a recommended solution.	
9 Memory and Recall - The body of stored knowledge required and the retrieval of that information to accomplish duties	Level
Job requires the ability to: Memorize complex procedures, policies, and laws, and recall and apply to difficult issues or develop innovative strategies or work products.	
10 Flexibility and Adaptability - The extent to which one must adjust to changing circumstances and expectations, take on new challenges on short notice, and/or deal successfully with changing priorities and workloads	Level
Job requires flexibility and willingness: To change complex procedures to accommodate requirements of higher authorities.	
11 Attention Span - Sustained attention or the time spent continuously on task without becoming distracted to successfully perform duties	Level
Job tasks are: Varied, lengthy, and require considerable focus. Lapses may result in injury or legal or financial liability.	
12 Attention to Detail - Thoroughness and accuracy are required to accomplish tasks	Level
Job tasks: Involve numerous and various details, some of which have subtle differences, that require continuous and close attention to detail to facilitate accuracy of outcome. Inattention to detail could result in legal or financial liability.	
13 Reaction Time - Describes work that requires an immediate response or decision	Level
Job requires the ability to: Provide an immediate response/decision to situations outside of normal daily operations, procedures or processes. Untimely response/decision could lead to serious injury, or legal or financial liability.	
14 Direct, Control, and Plan the Work of Others - Determine the time, place and sequence of work procedures, operations, and actions. Establish goals and objectives, motivate, and promote cooperation and teamwork in the work group	Level
Job requires: Planning and supervision of multiple groups of employees.	
15 Influence Others - Obtain cooperation from others to accomplish tasks and objectives	Level
Job requires: Working with diverse groups; must obtain consensus on complex issues or policies from a variety of groups or individuals to complete work satisfactorily.	
16 Stress Tolerance - Ability to perform duties without anxiety when faced with difficulties. Having positive stress tolerance is being able to stay calm in situations of heavy workload, tight deadlines, and/or difficult customers	Level
Job requires the ability to:	

