			PHYSIC		EQUIREMENTS/Vof Virginia Beac		DITIONS			
							Position Number	er(PCN):	B.004877	
Job Title:	Development C	Officer								
Div./Office:	MUS 020 Aquar Science Center		Approver's Nar	me						
Date of Last Up	date:	January 23, 2024	Approver's Title	e						
Fields to the right (Y/N): The position's status AND If the background check must be passed by the incumbent			Safety Sensitive:	No	Child Protective Services (CPS) Background:		No	VCIN Backgrou	nd:	No
			CJIS Certification:	No	PREA Certification:		No	Subject to Barri Provisions:	ier Crime	No
					REQUIREMENTS	5				
FRE	QUENCY: Seldo	m = Infrequent,	< 5%; Occasiona	l = 5% to 25% of t	ime on job; Freq	uent = 25% to 75	% of time on job	; Constant = Ove	r 75% of time on	job.
Турі	cal DURATION:	Short = < 1 hr pe	er occurrence; M	oderate = 1-2 hr	s per occurrence	e; Substantial = 2	2-6 hrs per occur	rence; Long = > (	6 hrs per occurre	ence.
	P	hysical Deman	ds		Working Conditions					
Element	Condition/	Level/Value	Frequency	Duration		Element	nt Condition/Level/Value		Frequency	Duration
Standing			Occasional	Short		<b>Working Outsi</b>	side: in all weather conditions		N/A	N/A
Walking			Occasional	Short		Working Alone w/others	e: out of commu	nication	N/A	N/A
Sitting			Frequent	Substantial		Extreme	N/A		N/A	N/A
Reaching	N/A		N/A	N/A		Temperatures	i			
Lifting	Up to 25 lbs.		Occasional	Short		Extreme Wetn	me Wetness		N/A	N/A
						Extreme Dryne	xtreme Dryness		N/A	N/A
Carming	Weight:	Up to 25 lbs.	Occasional	Short		Exposure to	N/A		N/A	N/A
Carrying	Distance:	Up to 25 ft.	Occasional	Short		Traffic				
Pushing	Estimated weight-re		sistance equiva	alency		Congested Area/Workspace			N/A	N/A
i usiiiig	Up to 25 lbs.		Occasional	Short		Confined Space- Permit REQUIRED		N/A	N/A	
Pulling	Estimated weight-re		sistance equiva	alency		Working Belov	w Ground		N/A	N/A
	Up to 25 lbs.		Occasional	Short		Working at	N/A		N/A	N/A
Working	N/A		N/A	N/A		Heights (ft.)		1		
Overhead							85 decibels TWA	N/A	N/A	N/A
	Weight:	N/A	N/A	N/A		for 8 hrs.	1			
Climbing Stairs			Occasional	Short			N/A		N/A	N/A
Climbing Ladders			N/A	N/A		Vibrations		I · ·	<u> </u>	<u> </u>
Balancing			N/A	N/A				Ex- Trunk, shou	ılders, arms, and	1
Stooping			N/A	N/A			/ Dirt / Particulate		N/A	N/A
Kneeling/Squatting			N/A	N/A		Radiation			N/A	N/A
Bending			N/A	N/A		Silica/Fiberglass		N/A	N/A	
Crawling			N/A N/A	N/A N/A		Asbestos	NI/A		N/A N/A	N/A N/A
<b>Explosive Strength:</b> Short bursts of muscle force to propel oneself.			N/A	N/A		Aerosols & Gases	N/A		N/A	N/A
. o. cc to p. op c. t			N/A	N/A					N/A	
<b>Trunk Strength:</b> Use of abdominal and lower back muscles.			N/A	N/A		Hazardous Mat	terials		undefined	
						/Chemicals			undefined	
Dynamic Stren	gth: Use of mus	cle force	N/A	N/A			N/A		N/A	N/A
<b>Dynamic Strength:</b> Use of muscle force repeatedly or continuously & resistant to			N/A	IN/A		Petroleum	IN/A		IN/A	N/A
fatigue.	•					Products				
Repetitive Limb	Fingers/Wrist		Frequent	Moderate		Electrical Hazard		N/A	N/A	
Movement						Fire Hazard			N/A	N/A
Dexterity	Use of computer keyboard		Frequent	Moderate		Infectious Diseases	N/A		N/A	N/A
-	Handwriting		· ·			Exposure				
Repetitive	Handwriting Frequent Moderate Exposure		Ex- Repair sewer pipes; empty residence trash cans.							
Twisting					Cymah c la	< equal to or less than < less t		than		
Awkward	N/A		N/A	N/A		Symbols:	> equal to or	greater than	> great	er than
Positions & Motions										
14101113										

	Sensory Demar	ıds		Working Conditions (cont.)						
Element	Condition/Level/Value	Frequency	Duration	Element	Condition/Level/Value	Frequency	Duration			
	20/40 w/correction	Frequent	Moderate		N/A	N/A	N/A			
Vision		·		Hazardous						
				Surfaces						
					N/A	N/A	N/A			
learing	Conversational level	Frequent	Moderate	Other Hazards						
Smell	N/A	N/A	N/A	Other Huzurus						
	IWA	IN/A	IN/A		More than 40 hours/week	Frequent				
				Hours		· ·				
				worked	More than 8 hours/day	Frequent				
Touch	N/A	N/A	N/A		More than 5 consecutive days	Frequent				
					Yes					
oice	Speaks to groups	Frequent	Short	Eligible						
	Personal Protective Equi	pment (PPE)		Equipment Operation & Use						
Category	Туре	Frequency	Duration	Category	Туре	Frequency	Duration			
	N/A	N/A	N/A	Motor	Sedan/Pickup/Van	Occasional	Moderate			
ye and Face				Vehicles						
rotection					N/A	N/A	N/A			
				Heavy						
Respiration	N/A	N/A	N/A	Equipment						
rotection	1477	1077	1477							
	N/A	N/A	N/A		N/A	N/A	N/A			
Hearing Protection	IN/A	IN/A	IN/A	Other	N/A	IN/A	IN/A			
Head Protection				Equipment or						
	N/A	N/A	N/A	Machinery						
					N/A	N/A	N/A			
land	N/A	N/A	N/A	Hand-Held						
Hand Protection				Power Tools						
Foot Protection	N/A	N/A	N/A		N/A	N/A	N/A			
				Hand Tools						
				and						
Body, Arm, and Leg	N/A	N/A	N/A	Instruments						
				Office	Computer	Frequent	Moderate			
				Machines &						
rotection				Equipment						
	Operator Licen	1			Commercial Driverte	License				
IOTE: If CDL is	•	ise			Commercial Driver's License					
					es: 20/40 in each					
DL Class in	Standard Driver's License				eye w/o telescopic lens & ≥140° N/A					
lement to				HONZONIAI VISIOI	horizontal vision.					
ight.										
Other physical	or sensory									
	ring conditions,									
	zards, PPE, etc.,									
ot indicated al	oove:									

## **Mental Requirements**

Evaluate based on the level of complexity [least to most] inherent in the job using the examples provided; then select the number from the drop-down list that matches the column which best represents the mental demand required in each element.

1 Comprehend Verbal Communication - Understand information and directions which are provided verbally

Job requires the ability to understand and follow:

Complex information where interpretation of vision and strategy is required to develop policy and/or course of action.

2 Communicate Orally - Verbally express thoughts and directions

Job requires:

Communicating complex information to higher officials and authorities.

3 Comprehend and Follow Written Material or Instructions - Understand written material, interpret appropriately, and adhere to the procedures stated.

ob requires ability to comprehend:

Complex written material where significant interpretation and evaluation are required to successfully apply content without guidance.

4 Written Communication Skills - Express thoughts and directions in writing

Job requires:

Preparation of reports and documents involving complex information.

5 Maintain an Appropriate Work Pace - The flow or rate of incoming work assignments and the expectations for completion of tasks

ob requires ability to adhere to work schedule:

In moderately paced environment with some unexpected assignments.

6 Perform Complex or Varied Tasks - The variety of tasks and assignments and the level of complexity of those tasks/assignments

Job requires ability to perform:

A variety of tasks at the fully functional independent level.

7 Interact and Relate to Peers, Co-Workers, or the Public - The nature and level of interaction with others required of the job

Job requires interaction:

With diverse citizen groups, government officials, and/or business leaders exchanging sensitive information or completing complex projects.

8 Decision Making & Reasoning Ability - The extent to which the job requires logic to analyze information, draw conclusions/ generalizations, and make decisions based on facts lob requires:

Substantial independent decision making and reasoning in applying abstract principles to solve complex conceptual issues and render decisions having impact of the highest magnitude on City operations and/or budget. Job is limited only by budget and policy stipulations.

9 Memory and Recall - The body of stored knowledge required and the retrieval of that information to accomplish duties

Job requires the ability to:

Memorize complex procedures, policies, and laws, and recall and apply to difficult issues or develop innovative strategies or work products.

10 Flexibility and Adaptability - The extent to which one must adjust to changing circumstances and expectations, take on new challenges on short notice, and/or deal successfully with changing priorities and workloads

Job requires flexibility and willingness:

To change complex procedures to accommodate requirements of higher authorities.

11 Attention Span - Sustained attention or the time spent continuously on task without becoming distracted to successfully perform duties

Job tasks are:

Varied, lengthy, and require considerable focus. Lapses may result in injury or legal or financial liability.

12 Attention to Detail - Thoroughness and accuracy are required to accomplish tasks

Job tasks:

Involve numerous and various details, some of which have subtle differences, that require continuous and close attention to detail to facilitate accuracy of outcome. Inattention to detail could result in legal or financial liability.

13 Reaction Time - Describes work that requires an immediate response or decision

Job requires the ability to:

Provide an immediate response/decision to situations outside of normal daily operations, procedures or processes. Untimely response/decision could lead to serious injury, or legal or financial liability.

14 Direct, Control, and Plan the Work of Others - Determine the time, place and sequence of work procedures, operations, and actions. Establish goals and objectives, motivate, and promote cooperation and teamwork in the work group

Job requires:

Planning, supervision, and management of a large group of supervisors, managers, and workers (less than 100).

15 Influence Others - Obtain cooperation from others to accomplish tasks and objectives

Job requires:

Working with diverse groups; must obtain consensus on complex issues or policies from a variety of groups or individuals to complete work satisfactorily.

16 Stress Tolerance - Ability to perform duties without anxiety when faced with difficulties. Having positive stress tolerance is being able to stay calm in situations of heavy workload, tight deadlines, and/or difficult customers

Job requires the ability to:

Tolerate highest levels of stress resulting from complex situations; requires maintaining personal composure and initiating remedial action to alleviate stress for others.