			PHYSIC		EQUIREMENTS/ of Virginia Beac		DITIONS				
				City	OI VIIgiliia Beac	II, VA	Position Number	er(PCN):	B.008173		
ob Title: Mechanic Technician II							r osition Number (1 Civ).		2.000.73		
Div./Office:	PWD 320 Auto	motive Services	Approver's Nai	me							
Date of Last Up	odate:	July 25, 2025	Approver's Title								
Fields to the right (Y/N): The position's status AND If the background check must be passed by the incumbent			Safety Sensitive:	Yes	Child Protective Background:	Services (CPS)	No VCIN Backgroui		nd:	No	
			CJIS Certification:	No	PREA Certification:		No	Subject to Barri Provisions:	ubject to Barrier Crime Provisions:		
					REQUIREMENTS	5					
		om = Infrequent,								•	
Тур	ical DURATION	Short = < 1 hr pe	er occurrence; M	oderate = 1-2 hr	s per occurrence	te; Substantial = 2-6 hrs per occurrence; Long = > 6 hrs per occurrence. Working Conditions					
		Physical Deman					T .				
Element	Condition/Level/Value		Frequency	Duration		Element Condition/Level/Value		Frequency	Duration		
Standing			Frequent	Substantial		Working Outside: in all weather conditions			Occasional	Moderate	
Walking			Frequent	Short		Working Alone: out of communication w/others		N/A	N/A		
Sitting	ting		Occasional	Short		Extreme	At/above 90 degrees		Occasional	Long	
Reaching	Reaching Shoulder level or higher		Frequent	Short		Temperatures	Below 30 degrees		Occasional	Long	
Lifting	Up to 25 lbs.		Frequent	Short			Extreme Wetness		N/A	N/A	
	Over 50 lbs.		Occasional	Short		Extreme Dryne	ess		N/A	N/A	
Carrying	Weight:	Up to 50 lbs.	Occasional	Short		Exposure to	N/A		N/A	N/A	
, ,	Distance:	Up to 25 ft.	Occasional	Short		Traffic	<u> </u>				
Pushing	Estimated weight-re		T			Congested Area/Workspace		N/A	N/A		
	Over 50 lbs.		Occasional Short				onfined Space- Permit REQUIRED		Occasional	Short	
Pulling	Estimated weight-re		T	1		Working Belov			N/A	N/A	
	Over 50 lbs.		Occasional Frequent	Short		Working at	Up to 12 ft.		Occasional	Short	
Working		Using hand tools		Short		Heights (ft.)	<u> </u>				
Overhead	Using power to		Frequent	Short		Noise Level: >: for 8 hrs.	85 decibels TWA	Yes	Frequent	Long	
Weight: Up to 10 lbs.		Up to 10 lbs.	Frequent	Short		IOF 8 HFS.	In. (A		N1/A	NI/A	
Climbing Stairs		Occasional	Short		Vibrations	N/A		N/A	N/A		
Climbing Ladders		Occasional	Short Short			Pody aroa(s):	Ev. Trupk shou	Idore arms and	l bands		
Balancing		Occasional	Moderate		Dust / Dirt / Pa	Body area(s):	ex- Truffk, Shot	Ilders, arms, and Frequent	Substantial		
Stooping			Frequent Frequent	Short		Radiation			N/A	N/A	
Kneeling/Squatting Bending			Frequent	Moderate		Silica/Fibergla			N/A	N/A	
Crawling			Occasional	Short		Asbestos		Occasional	Short		
Explosive Strength: Short bursts of muscle			Occasional	Short		Aerosols &	Irritant		Occasional	Moderate	
force to propel oneself.		Occasional	311011		Gases	Toxic/Poisonous		Occasional	Moderate		
Trunk Strength: Use of abdominal and lower back muscles.		Frequent	Moderate		Hazardous Ma			Automotive Maintenance/Repair Products			
					/Chemicals			Welding Supplies/Materials			
		1.6					ı		Painting Suppli	1	
Dynamic Strength: Use of muscle force repeatedly or continuously & resistant to			Occasional	Moderate		Petroleum Products	Liquid		Frequent	Substantial	
fatigue.					Grease		Frequent	Substantial			
Repetitive	Fingers/Wrist		Constant	Long		Electrical Haza	rd		N/A	N/A	
Limb Movement	Arm/Shoulder		Constant	Long		Fire Hazard			Occasional	Occasional	
Doutority	Grasping		Constant	Long		Infectious	N/A		N/A	N/A	
Dexterity	Handwriting		Occasional	Short		Diseases Exposure					
Repetitive	Wrist/Elbow		Constant	Long		Type(s):	Ex- Repair sewe	er pipes; empty r	esidence trash o	cans.	
Twisting	Shoulder		Constant	Long			< equal to or less than		< less than		
Awkward	Awkward posi	ions	Frequent	Substantial		Symbols:	·	greater than	> great	ter than	
Positions &	· ·							<u> </u>	0		
Motions	Awkward moti	ULIS	Frequent	Substantial		I					

	Sensory Demar	nds		Working Conditions (cont.)						
Element	Condition/Level/Value	Frequency	Duration	Element	Condition/Level/Value	Frequency	Duration			
	20/40 w/correction	N/A N/A	N/A N/A		N/A	N/A	N/A			
Vision	Depth perception			Hazardous						
	Color vision (colors)	N/A	N/A	Surfaces						
	(11.1.1)				Pinch points	Frequent	Short			
earing	Conversational level	N/A	N/A	Other Hazards	Sharp edges/objects	Frequent	Short			
Smell	Petroleum	N/A	N/A	Other Hazards	Sharp eages/objects	rrequent	SHOLE			
	Burning odor	N/A	N/A		More than 40 hours/week	Seldom				
	Burning odol	INA	IVA	Hours	Four 10-hour days	Constant				
	Distinguish toyture	N/A	N/A	Worked	roul 10-110ul days	Constant				
Touch	Distinguish texture				NI.					
	Distinguish temperature	N/A N/A	N/A	Telework Eligible	No					
/oice			N/A	Eligible						
	Personal Protective Equi			Equipment Operation & Use						
Category	Туре	Frequency	Duration	Category	Туре	Frequency	Duration			
	Safety glasses w/side shields	Frequent	Substantial	Motor	Sedan/Pickup/Van	Occasional	Short			
Eye and Face				Vehicles						
Protection					N/A	N/A	N/A			
				Heavy						
Respiration	N/A	N/A	N/A	Equipment						
Protection										
Hearing	N/A	N/A	N/A		Welding machine	Occasional	Short			
Protection				Other	Machine shop equipment	Occasional	Short			
	N/A	N/A	N/A	Equipment or Machinery						
Head				MacTimery						
Protection					Impact drill/wrench	Occasional	Short			
	N/A	N/A	N/A	Hand-Held						
Hand				Power Tools						
Protection										
Foot	Steel/composite toe-safety	+				1				
	rated	Constant	Long	Hand Tools	Mechanic tools	Constant	Long			
Protection				and						
				Instruments						
	Cloth coveralls	Constant	Long							
Body, Arm,			6	Office	Computer	Occasional	Short			
and Leg				Machines &	compater	0 0000101101	5.10.0			
Protection				Equipment						
	Operator License				Commercial Driver's	License				
NOTE: If CDL is		isc								
	Standard Driver's License				VA DMV requires: 20/40 in each					
CDL Class in	Standard Driver's License				eye w/o telescopic lens & ≥140° N/A horizontal vision.					
element to				110/120/160/1510/	ITOLIZOTICAL VISIOTI.					
right.										
Other physical										
	king conditions,									
	zards, PPE, etc.,									
not indicated a	pove:									

Mental Requirements

Evaluate based on the level of complexity [least to most] inherent in the job using the examples provided; then select the number from the drop-down list that matches the column which best represents the mental demand required in each element.

1 Comprehend Verbal Communication - Understand information and directions which are provided verbally

Job requires the ability to understand and follow:

Detailed information from a supervisor, a customer, or trainer/instructor which is necessary to the successful performance of job duties.

2 Communicate Orally - Verbally express thoughts and directions

Job requires:

Communicating specialized information to co-workers, supervisors or customers.

3 Comprehend and Follow Written Material or Instructions - Understand written material, interpret appropriately, and adhere to the procedures stated.

Job requires ability to comprehend:

Detailed written material in the form of informational reports, memos, articles, plans and drawings to be used in performing duties.

4 Written Communication Skills - Express thoughts and directions in writing

Job requires:

Ability to prepare basic written information and relay it to others using a basic format such as a form or email.

5 Maintain an Appropriate Work Pace - The flow or rate of incoming work assignments and the expectations for completion of tasks

ob requires ability to adhere to work schedule:

Where the flow of work is steady and predictable

6 Perform Complex or Varied Tasks - The variety of tasks and assignments and the level of complexity of those tasks/assignments

Job requires ability to perform:

A variety of tasks at the fully functional independent level.

7 Interact and Relate to Peers, Co-Workers, or the Public - The nature and level of interaction with others required of the job

Job requires interaction:

Within the immediate work unit.

8 Decision Making & Reasoning Ability - The extent to which the job requires logic to analyze information, draw conclusions/ generalizations, and make decisions based on facts lob requires:

Some decision making in duties such as troubleshooting where observation/judgement occurs and then a selection is made from a number of possible options for resolution.

9 Memory and Recall - The body of stored knowledge required and the retrieval of that information to accomplish duties

lob requires the ability to:

Remember detailed methods and procedures and apply them to work being performed.

10 Flexibility and Adaptability - The extent to which one must adjust to changing circumstances and expectations, take on new challenges on short notice, and/or deal successfully with changing priorities and workloads

ob requires flexibility and willingness:

To adjust normal schedule or assume responsibility for tasks outside the normal set of duties.

11 Attention Span - Sustained attention or the time spent continuously on task without becoming distracted to successfully perform duties

Job tasks are:

Varied and typically short in duration requiring only limited focus. Lapses may result in operational or production delays.

12 Attention to Detail - Thoroughness and accuracy are required to accomplish tasks

Job tasks:

Involve investigation, inspection, auditing, or observation. Inattention to detail could result in confusion and delays.

13 Reaction Time - Describes work that requires an immediate response or decision

Job requires the ability to:

Provide an immediate response/decision to maintain normal daily operations, procedures or processes. Delays occur if response is not timely.

14 Direct, Control, and Plan the Work of Others - Determine the time, place and sequence of work procedures, operations, and actions. Establish goals and objectives, motivate, and promote cooperation and teamwork in the work group

Job requires:

No supervision or management of staff.

15 Influence Others - Obtain cooperation from others to accomplish tasks and objectives

ob requires:

Little to no cooperation from co-workers or citizens to accomplish assigned tasks.

16 Stress Tolerance - Ability to perform duties without anxiety when faced with difficulties. Having positive stress tolerance is being able to stay calm in situations of heavy workload, tight deadlines, and/or difficult customers

Job requires the ability to:

Tolerate typical work stressors such as deadlines or conflict and maintain composure.