PHYSICAL & MENTAL REQUIREMENTS/WORKING CONDITIONS
City of Virginia Beach, VA

Job Title:	Convention Center Maintenance Worker	Position Number:	P7486
Sup Org:	CVB-Programming and Operations	Approver's Name	
Date of Last Update:	June 29, 2026	Approver's Title	

Fields to the right (Y/N): The position's status AND If the background check must be passed by the incumbent		Safety Sensitive:	Yes	Child Protective Services (CPS) Background:	No	VCIN Background:	No
		CJIS Certification:	No	PREA Certification:	No	Subject to Barrier Crime Provisions:	No

REQUIREMENTS

FREQUENCY: Seldom = Infrequent, < 5%; Occasional = 5% to 25% of time on job; Frequent = 25% to 75% of time on job; Constant = Over 75% of time on job.

Typical DURATION: Short = < 1 hr per occurrence; Moderate = 1-2 hrs per occurrence; Substantial = 2-6 hrs per occurrence; Long = > 6 hrs per occurrence.

Physical Demands

Element	Condition/Level/Value		Frequency	Duration
Standing			Constant	Substantial
Walking			Constant	Substantial
Sitting			Occasional	Short
Reaching	Shoulder level or higher		Frequent	Short
Lifting	Over 50 lbs.		Frequent	Short
Carrying	**Weight:**	Over 50 lbs.	Occasional	Short
	Distance:	Up to 25 ft.	Occasional	Short
Pushing	**Estimated weight-resistance equivalency**			
	Over 50 lbs.		Occasional	Short
Pulling	**Estimated weight-resistance equivalency**			
	Over 50 lbs.		Occasional	Short
Working Overhead	Using hand tools		Occasional	Short
	Weight:	Up to 10 lbs.	Occasional	Short
Climbing Stairs			Occasional	Short
Climbing Ladders			Occasional	Short
Balancing			Occasional	Short
Stooping			Frequent	Short
Kneeling/Squatting			Frequent	Short
Bending			Frequent	Short
Crawling			Occasional	Short
Explosive Strength: Short bursts of muscle force to propel oneself.			Occasional	Short
Trunk Strength: Use of abdominal and lower back muscles.			Frequent	Moderate
Dynamic Strength: Use of muscle force repeatedly or continuously & resistant to fatigue.			Frequent	Moderate
Repetitive Limb Movement	Fingers/Wrist		Frequent	Substantial
	Arm/Shoulder		Frequent	Substantial
Dexterity	Grasping		Frequent	Substantial
Repetitive Twisting	Wrist/Elbow		Frequent	Substantial
	Shoulder		Frequent	Substantial
Awkward Positions & Motions	Awkward positions		Frequent	Moderate
	Awkward motions		Occasional	Short

Working Conditions

Element	Condition/Level/Value		Frequency	Duration
Working Outside: in all weather conditions			Occasional	Short
Working Alone: out of communication w/others			Frequent	Substantial
Extreme Temperatures	N/A		N/A	N/A
Extreme Wetness			N/A	N/A
Extreme Dryness			N/A	N/A
Exposure to Traffic	N/A		N/A	N/A
Congested Area/Workspace			Occasional	Moderate
Confined Space- Permit REQUIRED			N/A	N/A
Working Below Ground			N/A	N/A
Working at Heights (ft.)	Up to 12 ft.		Occasional	Short
Noise Level: > 85 decibels TWA for 8 hrs.	N/A		N/A	N/A
Vibrations	N/A		N/A	N/A
	Body area(s):	Ex- Trunk, shoulders, arms, and hands.		
Dust / Dirt / Particulate			Frequent	Moderate
Radiation			N/A	N/A
Silica/Fiberglass			N/A	N/A
Asbestos			N/A	N/A
Aerosols & Gases	N/A		N/A	N/A
Hazardous Materials /Chemicals			Disinfectants	
			Insecticides/Rodenticides	
			undefined	
Petroleum Products	N/A		N/A	N/A
Electrical Hazard			N/A	N/A
Fire Hazard			N/A	N/A
Infectious Diseases Exposure Type(s):	N/A		N/A	N/A
	Ex- Repair sewer pipes; empty residence trash cans.			
Symbols:	< equal to or less than		< less than	
	> equal to or greater than		> greater than	

Sensory Demands				
Element	**Condition/Level/Value**	**Frequency**	**Duration**	
Vision	20/40 w/correction	Frequent	Substantial	
Hearing	Conversational level	Frequent	Substantial	
Smell	N/A	N/A	N/A	
Touch	Distinguish texture	Seldom	Short	
	Distinguish temperature			
Voice	Limited Verbal	Frequent	Substantial	

Working Conditions (cont.)			
Element	**Condition/Level/Value**	**Frequency**	**Duration**
Hazardous Surfaces	N/A	N/A	N/A
Other Hazards	N/A	N/A	N/A
Hours Worked	More than 40 hours/week	Seldom	
	More than 5 consecutive days	Occasional	
Telework Eligible	No		

Personal Protective Equipment (PPE)				
Category	**Type**	**Frequency**	**Duration**	
Eye and Face Protection	Goggles (liquid/splash proof)	Occasional	Short	
Respiration Protection	N/A	N/A	N/A	
Hearing Protection	Ear plugs	Seldom	Short	
Head Protection	N/A	N/A	N/A	
Hand Protection	Waterproof	Frequent	Substantial	
	Medical grade exam gloves	Frequent	Substantial	
	Cloth/General Duty	Frequent	Substantial	
Foot Protection	Closed-toe street shoes	Constant	Long	
Body, Arm, and Leg Protection	N/A	N/A	N/A	

Equipment Operation & Use			
Category	**Type**	**Frequency**	**Duration**
Motor Vehicles	N/A	N/A	N/A
Heavy Equipment	N/A	N/A	N/A
Other Equipment or Machinery	Commercial cleaning equipment	Frequent	Substantial
	Forklift	Occasional	Moderate
Hand-Held Power Tools	Scrubber/buffer	Frequent	Substantial
	Impact drill/wrench	Frequent	Substantial
Hand Tools and Instruments	Plumbing tools	Occasional	Short
Office Machines & Equipment	Computer	Occasional	Short
	Printer/Copier/Fax	Seldom	Short

Operator License	
NOTE: If CDL is required, show CDL Class in element to right.	Type
	Standard Driver's License

Commercial Driver's License	
VA DMV requires: 20/40 in each eye w/o telescopic lens & =140° horizontal vision.	N/A

Other physical or sensory demands, working conditions, equipment, hazards, PPE, etc., not indicated above:	

Mental Requirements
Evaluate based on the level of complexity [least to most] inherent in the job using the examples provided; then select the number from the drop-down list that matches the column which best represents the mental demand required in each element.
1 Comprehend Verbal Communication - Understand information and directions which are provided verbally
Job requires the ability to understand and follow:
Basic, step by step verbal instructions from a supervisor who is usually present at the workplace.
2 Communicate Orally - Verbally express thoughts and directions
Job requires:
Communicating basic information to co-workers, supervisors, or customers.
3 Comprehend and Follow Written Material or Instructions - Understand written material, interpret appropriately, and adhere to the procedures stated.
Job requires ability to comprehend:
Step by step written instructions where guidance and clarification are typically available.
4 Written Communication Skills - Express thoughts and directions in writing
Job requires:
Ability to prepare basic written information and relay it to others using a basic format such as a form or email.
5 Maintain an Appropriate Work Pace - The flow or rate of incoming work assignments and the expectations for completion of tasks
Job requires ability to adhere to work schedule:
Where the flow of work is steady and predictable.
6 Perform Complex or Varied Tasks - The variety of tasks and assignments and the level of complexity of those tasks/assignments
Job requires ability to perform:
A variety of tasks at the fully functional independent level.
7 Interact and Relate to Peers, Co-Workers, or the Public - The nature and level of interaction with others required of the job
Job requires interaction:
With others outside of the immediate work unit/agency, typically one-on-one, responding to inquiries or responding to requests for services.
8 Decision Making & Reasoning Ability - The extent to which the job requires logic to analyze information, draw conclusions/ generalizations, and make decisions based on facts
Job requires:
Little independent decision making. Established methods and procedures are followed and close supervision is present.
9 Memory and Recall - The body of stored knowledge required and the retrieval of that information to accomplish duties
Job requires the ability to:
Remember basic procedures or steps and recall them to carry out routine, repetitive tasks.
10 Flexibility and Adaptability - The extent to which one must adjust to changing circumstances and expectations, take on new challenges on short notice, and/or deal successfully with changing priorities and workloads
Job requires flexibility and willingness:
To adjust routine procedures to accommodate simple changes.
11 Attention Span - Sustained attention or the time spent continuously on task without becoming distracted to successfully perform duties
Job tasks are:
Repetitive and of short duration requiring only limited focus.
12 Attention to Detail - Thoroughness and accuracy are required to accomplish tasks
Job tasks:
Are primarily manual and routine. Inattention to detail could result in operational delays.
13 Reaction Time - Describes work that requires an immediate response or decision
Job requires the ability to:
Maintain production standards but work is steady and predictable and rarely requires an immediate response or decision.
14 Direct, Control, and Plan the Work of Others - Determine the time, place and sequence of work procedures, operations, and actions. Establish goals and objectives, motivate, and promote cooperation and teamwork in the work group
Job requires:
No supervision or management of staff.
15 Influence Others - Obtain cooperation from others to accomplish tasks and objectives
Job requires:
Little to no cooperation from co-workers or citizens to accomplish assigned tasks.
16 Stress Tolerance - Ability to perform duties without anxiety when faced with difficulties. Having positive stress tolerance is being able to stay calm in situations of heavy workload, tight deadlines, and/or difficult customers
Job requires the ability to:
Tolerate typical work stressors such as deadlines or conflict and maintain composure.